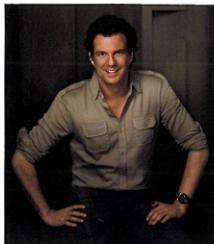


Adam's Best Advice



THE TRUTH ABOUT LOOKING GREAT

*Never-fail style lessons from
O's creative director.*

Every time I meet a woman who's stuck in a fashion rut, I hear the same thing: "I know, this isn't a great outfit, but I just want to be comfortable." It makes me want to shout from the rooftops: "You can be comfortable without being schlumpy! You can look pulled-together even if you're crazy busy *and* on a budget."

The key is to find what really works for you. If co-workers compliment you when you wear a certain color or style of dress, take note. Experiment with clothes, jewelry, and shoes to see what makes you feel like a million bucks. That's your "uniform." You should be wearing some version of it every day.

After ten years of directing the fashion pages for *O, The Oprah Magazine*, I've become convinced that the right clothes are tools as much as they are a means of personal expression. When you find a look that speaks to you, you'll be comfortable and look beautiful. That's the real power of fashion—to enhance who you already are. —ADAM

To ask Adam your question, go to oprah.com/magazine_talk.



Q Do navy and black go together?

People tend to think these colors don't mix. In truth, combining neutrals—navy and black; black and brown; different shades of white, cream, and tan—shows a real sense of style. Black-and-navy combinations were big on the fall runways; the subtle contrast is smart for work or evening.

A navy dress (\$109; lbeansignature.com) looks polished with black accessories (belt, 213 Industry; \$62; diamondsandpearl.com/shoes; \$420; coyenokes.com) bag, Coach; \$355; 866-282-2440 for stores). The necklace (\$65; gbcouture.com) by emilyandashley.com for stores) ties it all together.